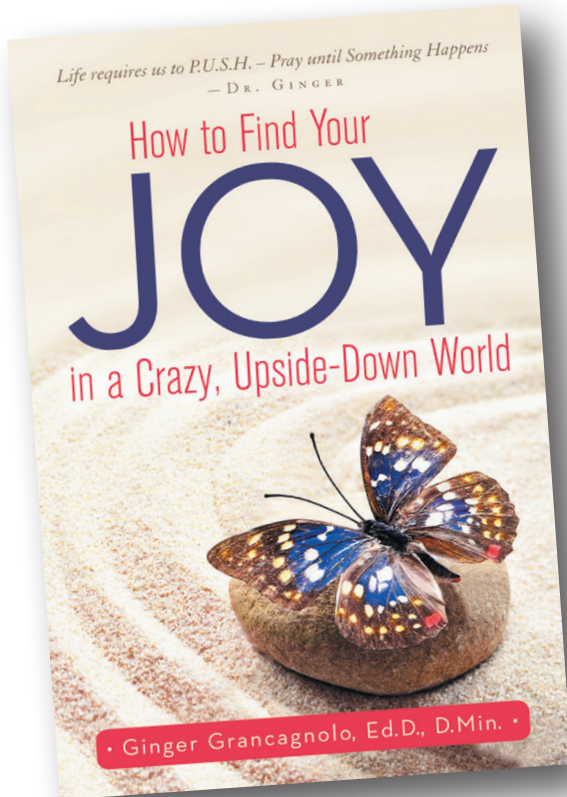


Dr. Ginger Grancagnolo presents...

# “HOW TO FIND YOUR JOY IN A CRAZY, UPSIDE-DOWN WORLD”



Where's your Joy been lately? Does it feel gone, forgotten or just misplaced?

As we watch ourselves more through daily task, day after day, often the only moment of brightness can be described as a brief sigh because we finally got stuff done. We can plan celebrations and vacations which can be great, yet somewhere deep inside it can still feel like the JOY button has gotten jammed due to the pressures of everyday life.

So is this as good as it is gets? Wouldn't it be great to find our way back to REAL JOY as a way of living? Could this be possible or is it just wishful thinking?

REAL JOY is always available! We have been created to experience JOY as a natural part of our life. This book is designed to guide us back into finding our internal JOY switch as well as how to keep it functioning to the best capacity. REAL JOY is available all the time and chapter by chapter a pathway will be presented so we can easily reclaim REAL JOY so that we can live to the fullest.

The time is NOW! It's time to feel really alive and JOY-ful again!

## Books Available to Order

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