



# Dr. Ginger Grancagnolo

Latest Course Offering

## How Can We Create A More Balanced And Enjoyable Life?

**DATE:** Thursday, November 13, 2025

**TIME:** 7:00PM to 9:00PM

**TUITION:** \$50 \*Pre-registration is REQUIRED

**CLASS LOCATION:**

Best Western Plus

Fairfield Executive Inn

216 Rt. 46 EAST, Fairfield, N.J.

We want the best that life has to offer, yet how do we really get it? We work hard and try to take care of family and responsibilities which takes up much of our time and efforts. Can we really ever have it all? We will discuss practical tools and techniques to create a balanced life physically, emotionally, mentally and spiritually.

Complete the pre-registration form and return by one week before class with a check to:

Dr. Ginger Grancagnolo  
858 Joralemon Street  
Belleville, NJ 07109

 [www.facebook.com/drgingerinfo](http://www.facebook.com/drgingerinfo)

 [www.youtube.com/DrGingerVideos](http://www.youtube.com/DrGingerVideos)

Name: \_\_\_\_\_  
(first) (last)

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Telephone: (\_\_\_\_\_) \_\_\_\_\_ Email: \_\_\_\_\_

No. of people attending \_\_\_\_\_ Amount Enclosed (\$50) \_\_\_\_\_

**For More Information About Course And Registration**

Call: 201-207-6832 • e-mail [drgingergranno@aol.com](mailto:drgingergranno@aol.com)

or go to [www.drgingerinfo.com](http://www.drgingerinfo.com)